



SOSTRA

*Soft Skills Training and Recruitment
of Adult Educators*

Soft skills are fundamental elements in the teaching and learning process, strengthening bonds between teachers and students, and facilitating the acquisition of knowledge.

SOSTRA project is aiming to identify the need and importance of soft skills in European Adult Education. The Project is intertwining digital badging and soft skills development.

In this context, it is necessary to encourage teachers to improve their own soft skills, including intra-, interpersonal and socioemotional skills.

Come and join our FREE online development platform, to:

- get recognition of prior knowledge
- learn more and deepen your skills
- show your skills regarding soft skills.

**EARN YOUR OWN DIGITAL BADGES (15.1.-1.5.2020) AND
DISPLAY YOUR SOFT SKILLS TO THE WORLD:**

[HTTPS://SOSTRA.EU/IMPROVE-SKILLS/](https://sosttra.eu/improve-skills/)



Erasmus+